

Menu of Services




CHESTNUT RIDGE
SPA & SALON

FACE

Prescriptive Facial. 1 hour / \$70.

Tailored to treat individual skin types, this facial includes consultation, diagnosis and a treatment therapy mask.

Luminous 'C' & 'Sea'. 1 hour / \$100.

The combination of products relieves dry and dehydrated skin, reduces fine lines and strengthens the skin's elasticity. Skin is left smooth and glowing.

Glycolic-Lacto Facial Peel. 30 minutes / \$55.

Series of 6 / \$275.

Acid peels help exfoliate damaged skin, lighten sun damage and treat active acne and scarring. Helps to even skin tone, minimize pores and brighten the skin for an overall clarified complexion. End with gel mask and sunscreen.

Anti-Free Radical Facial. 1 hour / \$80.

Rich in vitamins and good for all skin types, this facial helps to protect skin from environmental damage. Deeply hydrating, invigorating and firming.

Plantomer Lift-Off Mask. 1 hour / \$80.

This cool, gentle mask is deeply hydrating and rich in minerals due to the unique combination of laminaria seaweed and propolis. Soothes, heals and strengthens leaving skin tightened and refreshed.

Luxury Caviar & Pearl Facial. 75 minutes / \$150.

Using Russian caviar and pearl extracts, this exclusive formulation of hibiscus extract Escutox® stimulates nerve endings, repairs the skin, relaxes wrinkles and increases hydration and the skin's suppleness. Includes choice of a deluxe hand or foot treatment.

Teen Facial. 1 hour / \$60.

Introduce your teenager to facial treatments and proper skin care. Includes enzyme exfoliation, steaming, deep pre-cleansing and mask to control oil and acne.

Exclusive Men's Facial. 1 hour / \$85.

Rich in propolis that is renowned for its healing properties and seaweed for its hydrating properties, this facial soothes and calms the skin.

Skin Fit Men's Facial. 1 hour / \$95.

Formulated for male skin with scientifically advanced anti-aging properties and a potent formula of natural ingredients including caviar to soothe, repair and rejuvenate skin.

Men's Basic Facial. \$60.

Pevonia cleanse, toning, exfoliation and steam. End with a facial massage.

Additional Services

Eyelash or Eyebrow Tint. \$15.

NAIL

Manicure. \$30.

Soak, shape nails, soften cuticles, hand massage. End with choice of polish or buff to natural shine.

Deluxe Manicure. \$40.

Full manicure with exfoliation and deep moisture mask on hands.

Spa Pedicure. \$50.

Foot soak in our deluxe foot spas, shape nails, soften cuticles, exfoliate, pumice, masking and hot towels. End with a foot massage and polish of your choice.

Men's Spa Pedicure. \$40.

Foot soak in our deluxe foot spa, shape nails, rough skin exfoliated and pumiced, foot masking and hot towels. End with a foot massage.

Men's Executive Manicure. \$20.

Shape nails, soften cuticles, hand moisturizer then buff to a natural look.

Express Pedicure. \$30.

Soak, shape, foot massage and polish of your choice.

Deluxe Foot Masking. \$10.

Select from Desert Heat (warm, hydrating, pain relief), Tropical Oasis (hydrating, anti-fatigue, anti-aging) or Seaweed (hydrating, fluid retention, increase blood circulation).

Additional Services

Acrylic Fill-in and Rebalance. \$40.

Acrylic Nails. \$55.

Pink & Whites. \$65.

Nail Polish Change (hands or feet). \$7. Both \$15.

Fixed Nail. \$5 per nail.

Add Ons

Deep Hydrating Paraffin Wax Treatment (feet or hands). \$20.

Hydrating Foot Soak & Paraffin Wax Foot Treatment. \$30.

WAX

Brows. \$15.

Lip. \$10.

Chin. \$10.

Ears. \$10.

Brows/Lip/Chin. \$30.

Neck. \$15.

Underarms. \$25+.

Half Arms. \$50+.

Full Arms. \$70+.

Half Back. \$50+.

Full Back. \$90+.

Chest. \$50+.

Knees Up. \$80+.

Full Legs. \$140+.

Full Legs with Bikini. \$180+.

Bikini. \$50.

HAIR

Women

Women's Design Cut & Style. \$30.

Women's Wash & Blow Dry. \$25.

Bang Trim. \$7.

Special Occasion Up-Do. \$55 (excludes wedding).

Color All Over. \$70.

Root Color. \$55.

Additional Color Usage. \$10 per color.

Foil Highlight. Starts at \$75.

Partial Foil. \$45.

Extreme Moisture Hair Treatment. \$15.

Men

Men's Design Cut & Style. \$20.

Men's Wash & Style. \$15.

Men's Hairline Trim. \$7.

Men's Color. \$40.

Children (10 years and under)

Children's Cut. \$15.

Children's Special Occasion Style. \$35.

Children's Wash & Style. \$20.

BODY

Tropical Escape. 1 hour / \$140.

A tropical wrap drenched with papaya and pineapple and enriched with crème fraiche, natural butter, calcium, magnesium, saccharides, vitamin A and pomegranate extract. Blended with collagen and elastin polypeptides to leave the skin deeply nourished and rejuvenated.

Tropical Oasis. 1 hour / \$130.

Combining tropical mango and passion fruit extracts in a creamy yogurt formulation rich in fruit acids, potassium, calcium, saccharides, essential fatty acids and vitamin C, this tropical wrap leaves the skin revived, refreshed, smooth, firm and vividly brighter.

Tropical Escape and Tropical Oasis treatments must be avoided if client has a collagen intolerance.

Tropical Saltmousse Glow. 30 minutes / \$75.

An aromatic scrub that removes dead skin cells and impurities while releasing negative ions to counteract damaging environmental pollutants. Water is added to the Saltmousse to polish the skin. Select from Pineapple/Papaya (repairing, smoothing and rejuvenating) or Mango/Passion Fruit (firming, brightening and invigorating).

Aromatherapy Salt Glow. 40 minutes / \$60.

A deep cleansing and exfoliating body treatment that blends aromatic and mineral salts and essential oils to eliminate impurities and dead skin cells. Stimulates circulation and leaves skin soft, smooth, silky and hydrated.

Green Coffee Treatment. 1 hour / \$125.

An effective diuretic and detoxifying treatment to reduce the appearance of cellulite. Stimulates blood circulation, refines the skin and improves its elasticity.

Back Wrap with Natural Moor Mud. 45 minutes / \$75.

Combines thermal action with Canadian moor mud containing 350 trace elements and pine essential oil to flush lactic acid and relieve muscular tension, aches and pains. Includes back massage.

Fit-For-Life Moor Mud Wrap. 1 hour / \$110.

This wrap is designed to relieve pain from arthritis and rheumatism and to control cramps by using moor mud rich in vitamins, minerals and enzymes. A gentle thermal action stimulates and invigorates the body.

Desert Heat. 1 hour / \$100.

A soothing, bubbling cocoon of Arizona desert earth naturally enriched with copper, magnesium and zinc helps to repair the skin by leaving it mineralized, hydrated, nourished, toned and smooth.

Moroccan Cocoon with Rassoul. 1 hour / \$120.

Using mud from the warm, fertile valleys of Morocco, this treatment provides a journey to ultimate beauty and well being. Contains an abundance of essential health and beauty elements including magnesium, iron, calcium, potassium and sodium to mineralize and moisturize the skin.

All Body Polishes and Mud Wraps include Steam Shower. Please allow yourself an extra 15 minutes for showering.

Water Lily After-Sun Body Wrap. 1 hour / \$105.

The benefits of water lilies and green tea extract are combined to offer a wrap that reduces skin temperature and the discomfort of sunburn or over sensitive skin.

Additional Services

Tanning. 12 minutes / \$6. Unlimited tanning / \$39 per mo.

Sauna. 1 person / \$10. 2 people / \$5 each.

Steam Shower. \$15.

MASSAGE

Swedish Massage. 1 hour / \$70. 1.5 hours / \$115.

This traditional massage is relaxing and invigorating. It stimulates the nerves, muscles, glands and circulation to promote health and well being.

Hot Sea Shell or Hot Stone Massage. 70 minutes / \$100.

Your choice of hot sea shells or hot stones are incorporated into a Swedish Massage to loosen tight muscles for an even better result.

Rejuvenation Massage. 30 minutes / \$45.

A 30-minute massage wherever you need it the most. Choose neck/shoulder, back/glutes, arms/legs or feet/face.

Deep Tissue Massage. 1 hour / \$100. 1.5 hours / \$130.
Unstick the fibers of the muscles while releasing deeply-held patterns of tension, removing toxins and relaxing and soothing the muscle.
Corrective and therapeutic.

Couple's Massage. 1 hour / \$150. 1.5 hours / \$230.
Enjoy our candlelit couple's suite and receive side-by-side massages.
End with a Steam Shower.

Golfer's Massage. 30 minutes / \$50. 1 hour / \$70.
Decongests and lengthens the muscles, tendons and other connective tissues by combining high-impact massage techniques with assisted stretches. Relieves acute muscle soreness, improves flexibility and increases range of motion.

Pregnancy Massage. 50 minutes / \$85.
Focuses on giving the mother-to-be the special attention she needs. The massage is performed by a certified pregnancy massage therapist who has specific skills to alleviate pain and keep both mother and baby safe and comfortable.

SPA PACKAGES

Celebrate the Seasons. 3.5 hours / \$199.
Start with a winter peppermint foot soak and mask followed by a flower petal spring facial and tropical salt glow exfoliation. End with a 1-hour Swedish Massage. Add hot stones for \$25.

Couple's Getaway. 2.5 hours / \$250.
Lie side-by-side with your loved one while you both receive a 1-hour Swedish Massage. End with a Steam Shower and champagne toast.

First-Time Spa Lover. 2 hours / \$135.
Receive four 30-minute treatments including facial, pedicure, manicure and massage.

Sweet Teen Spa Day (ages 13-18). 2 hours / \$120.
Includes 1/2 hour massage, 1/2 hour Teen Facial, 1/2 hour pedicure and polish change.

Girlfriend Getaway. 3 hours / \$340.
Celebrate your relationship in style with your mother, daughter, sister or friend. Receive two Swedish Massages, choice of pedicure or facial, two wash & styles and two lunches or dinners.

Walk on the Beach. 3 hours / \$195.
Start with a beach sand scrub followed by a 1-hour Hot Sea Shell Massage. End with a Spa Pedicure.

Gentlemen's Package. 3 hours / \$195.
Start with a relaxing Hot Stone Massage followed by an exclusive men's facial. End with a manicure and Steam Shower.

The Ridge Signature Package. 5 hours / \$335.
Enjoy the ultimate spa day at the Ridge. Your choice of body wrap, 1-hour massage, Steam Shower, Prescriptive Facial and pedicure. End with a wash, trim and style.

BRIDAL PACKAGES

Bridal Hair. \$125.

Style bride's hair and up-do to her taste. Placement of veil and accessories.

Bridal Hair Pretrial. \$150.

Consultation and two variations of styles done so the bride can decide what she likes best. Finalize the hair placement.

Pretrial of Some Makeup Application. \$55.

Consultation and application of makeup so the bride can see what her makeup will look like the day of her wedding.

Bridal Day Package. \$399.

Pretrial of hair and makeup, wedding day hair and makeup and brow shaping, placement of veil and accessories followed by a Manicure. Includes a 10% discount on services for the bridal party on your big day. Add a light breakfast on your wedding day for \$7 per person.

Pampered Bride Package. 4 hours / \$309.

Start with a 1-hour Hot Stone Swedish Massage and Steam Shower followed by a facial, pedicure and moisture hand treatment. End with blow dry & style.

Bride & Groom Package. 4 hours / \$350.

Bride and Groom receive a Couple's Massage in our candlelit couple's suite, Steam Shower and luxurious facial treatments. End with an Executive Manicure and hand treatments for both.

Bachelorette Spa Night or Party. Call for details.

Treat your bridal party to your choice of services. Beverage services available.

Additional Services

Bridal Party Hair. \$85+ per person.

Some Makeup Application. 30 minutes / \$45.

Eyelash extensions. \$35.

Eyelash removal. \$20.



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